

SUPPLIES FOR WORKSHOP WITH GREG LAROCK

WHAT YOU'LL NEED FOR THE 2-DAY CLASS

- **Portable Easel** such as: EASyL, Strada, Soltek, Open Box M, Guerrilla, French, etc.
And tripod if necessary.
- **2 or 3: Primed Canvas or Linen** mounted boards, stretched canvas, or Wood panels.
Your choice of size from 9" x 12" to 12" x 16".
AND: A couple of smaller canvases, like a 6"x 8" in size. (*You may also tape off a 12x16 panel into 4 sections*)
- **Palette** to mix your paint. *Either separate or mounted in your box.*
- **Oil Paints** – any brand, professional quality. Basically a warm and cool of the primaries, a warm and cool green, plus an earth brown. (*Hues are ok for workshop*)
 - Colors:**
 - Alizarin Crimson
 - Cadmium Red Light
 - Cadmium Yellow Medium
 - Cobalt Blue
 - Naples Yellow
 - Titanium White
 - Transparent Red Oxide
 - Ultramarine Blue
 - Viridian
 - Yellow Ochre
 - Optional Colors:**
 - Indian Yellow
 - Bright Green Lake or Permanent Green Light
 - Kings Blue Deep
 - Paynes Gray
- **Brushes** – Synthetic or Hog bristles for Oils – Your preference
- **Gamsol** or Odorless Turpentine
- **Brush washer** or container for turpentine
- Painting medium such as Walnut or Linseed Oil with cup container, *optional*
- Umbrella with Clamp and/or Stake, *optional*
- Paper Towels, Disposable Gloves (*optional*), Hat, Sunscreen, Trash Bags, Bug Spray, etc.
- Sketchbook with pencils or pens
- Backpack, Rolling Cart or something to carry it all in
- Portable “camping” chair (*if you prefer to sit while watching demo or painting*)
- A packed lunch and drinks (if other food options are not close by).
- **Optional:** Bring a painting from home to receive a free critique, and/or help with. This can be a painting you like or one your having trouble with. (*These will be done at the end of either day*).

GREG'S RIG – WHAT HE USES:

Easel: EASyL brand (*from Artwork Essentials*), Model: “Versa”

Tripod: MeFoto brand “Roadtrip” carbon fiber photographer’s tripod

Palette: Double-thickness glass mounted in the bottom of the easel.

(Glass is purchased from a frame shop and cut to the inside size of the box.

Spray paint one side of glass with off-white primer, let dry, and placed in box with the spray-painted side down. Secure with frame points or a small dab of silicon in corners)

Panels: Claessens #15 or #13 double primed Belgian linen mounted to untempered MDF board (similar to masonite) and/or RayMar brand Claessens linen panels.

Paint: M. Graham Walnut Oil Colors and/or Michael Harding Handmade Oil Colors

Medium: Linseed Oil

Brushes: Rosemary’s Ivory Flats -- #2 to #8. And a #3 or #4 “Script” or “Rigger”

Turp: Gamsol

Brush Washer: Anderson brand or Holbein brand, air-tight

Gloves: Disposable “Nitrile” gloves (*Turp and oil paint will break down latex gloves*)

NOTES ON SUPPLIES

Please note that I am not a big proponent of particular brands or having students purchase specific supplies. You are more than welcome to show up to class with whatever palette, brushes or brand of paint you like to use. You are not required to have or purchase all of the items listed, they are either what I use or simply things to consider. Just make sure you have enough panels or canvasses to be able to do the exercises over both days.

NOTES ON MEDIUMS

I will be working in oils, but you are free to use any medium you wish. Most of the concepts I teach are about the process of building a good painting and not in the handling of a medium or specific supplies used to create it. Just note that I am not as well versed in mediums other than oils in regards to brands and the nuances of those mediums.

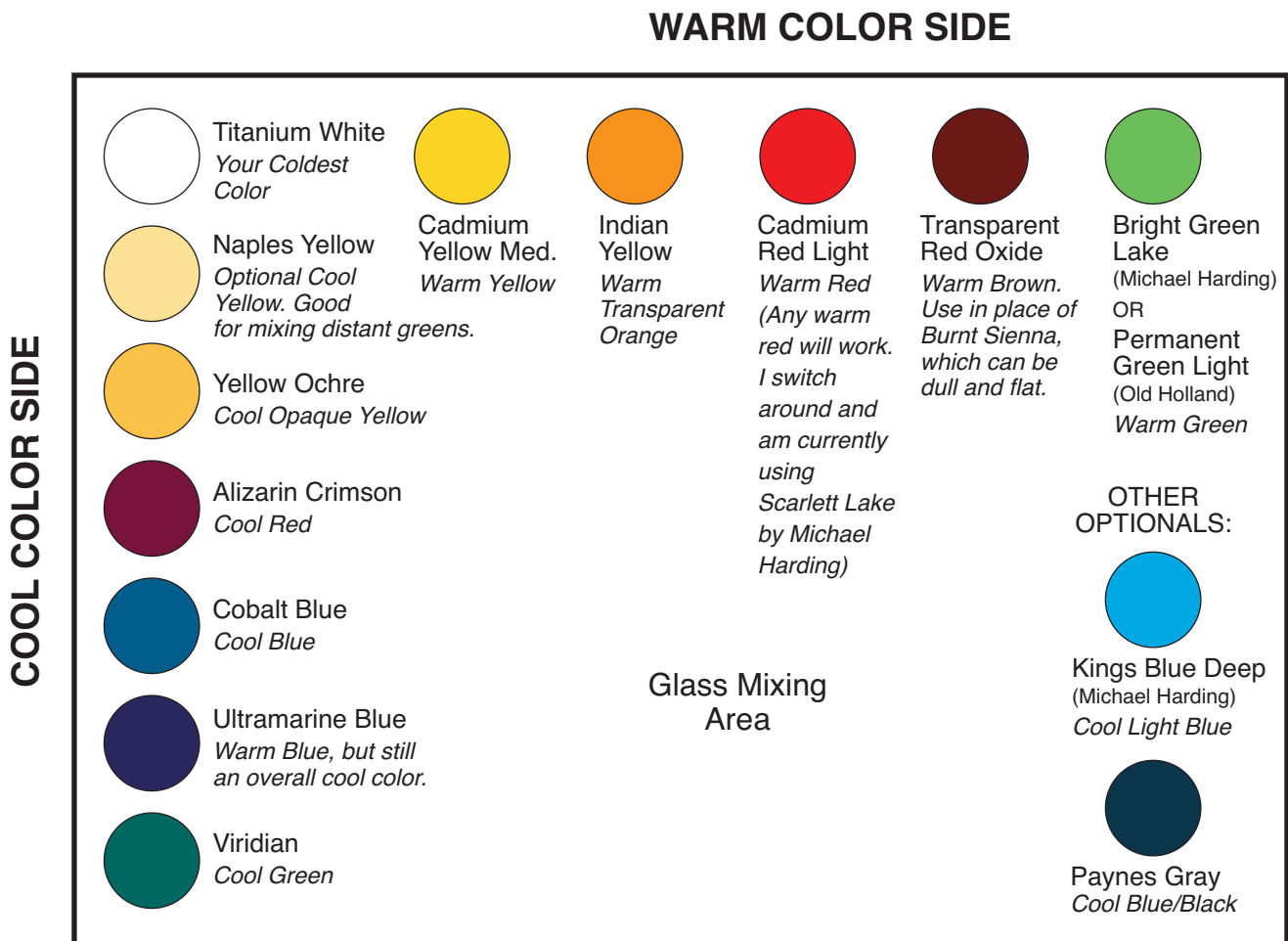
ONE MORE THING

Most students paint poorly during workshops or working under any type of instruction. Remember that you are trying new concepts and forced to think differently about the painting process than you may have before. Go with the flow and don't worry about it! Have fun, learn stuff and please ask as many questions as you like! I am here to help you in every way possible.

Setting Up Your Palette

I like to set up my palette in two sections: a warm color side and a cool color side. This way you can mix by temperature, and I basically have a warm and cool of each color. Once I've chosen my placement, I never move my colors. This way, I always know where each color is and can rely on memory to mix. The less you have to think about where your colors are the more you can think about your painting.

Below is a sample layout of my palette.



GREG'S RIG



Linen Panel

Artwork
Essentials:
EASyL "Versa"

Side Tray

Extra Brush Holder

White
Cad Yellow
Indian Yellow
Yellow Ochre
Alizarin
Cobalt Blue
Ult. Blue
Viridian
Cad Red Lt.
Trans. Red Oxide
Naples Yellow
Bright Green Lake

Glass
Palette

"Rigger"
(Script Brush)

Scraper

"Nitrile"
Gloves

Paper Towels

Cup with
Walnut or
Linseed Oil
(not shown)

Brush Washer

Rolling
Backpack
for Gear

Brushes
In Canvas Holder,
Clamps to Tripod

Rock Bag
(used only if it's windy)

Tripod

Bag for Paints

Umbrella Kit